

Instructions for Anorectal Procedures

Do not take Aspirin, medicine containing Aspirin, Ticlid, Coumadin, Plavix, Aggrenox or any other blood thinners for 7 days prior to your procedure.

Day before the procedure

Do not eat, drink, or smoke after midnight before your procedure.

Day of the procedure

Please use 2 fleet enemas (30 min. apart) 1 hour prior to leaving your home. You should take your blood pressure and/or cardiac medication with only a sip of water before leaving home. If you are insulin dependent diabetic, take only ½ of your usual morning dose. Other diabetics hold oral medication. Bring additional medications with you to take after your procedure.

Hospital/Facility: _____ Date: _____

Arrival time: _____ Scheduled time: _____

You will need someone to drive you home after the procedure.